OASIS-C Item Guidance ADLs / IADLs

OASIS ITEM

(M1900) Prior Functioning ADL/IADL: Indicate the patient's usual ability with everyday activities prior to his/her most recent illness, exacerbation, or injury. Check only one box in each row.

	Functional Area	Independent	Needed Some Help	Dependent
a.	Self-Care (specifically: grooming, dressing, bathing, and toileting hygiene)	□0	□1	□2
b.	Ambulation	□0	□1	□2
c.	Transfer	□0	□1	□2
d.	Household tasks (specifically: light meal preparation, laundry, shopping, and phone use)	□0	□1	□2

ITEM INTENT

Identifies the patient's functional ability prior to the onset of the current illness, exacerbation of a chronic condition, or injury (whichever is most recent) that initiated this episode of care. The intent of the item is to identify the patient's prior ABILITY, not necessarily actual performance. "Willingness" and "adherence" are not the focus of these items.

TIME POINTS ITEM(S) COMPLETED

Start of Care

Resumption of Care

RESPONSE—SPECIFIC INSTRUCTIONS

- For each functional area, select a response.
- "Independent" means that the patient had the ability to complete the activity by him/herself (with or without assistive devices) without physical or verbal assistance from a helper.
- "Needed some help" means that the patient contributed effort but required help from another person to accomplish the task/activity safely.
- "Dependent" means that the patient was physically and/or cognitively unable to contribute effort toward completion of the task, and the helper must contribute all the effort.
- "Self-care" refers specifically to grooming, dressing, bathing, and toileting hygiene. Medication management
 is not included in the definition of self-care for M1900 as it is addressed in a separate question (M2040).
- "Ambulation" refers to walking (with or without assistive device). Wheelchair mobility is not directly addressed
 in this item. A patient who is unable to ambulate safely (even with devices and/or assistance), but is able to
 use a wheelchair (with or without assistance) would be reported as "Dependent" in Ambulation for M1900.
- "Transfer" refers specifically to tub, shower, commode, and bed to chair transfers.
- "Household tasks" refers specifically to light meal preparation, laundry, shopping, and phone use.
- If the patient was previously independent in some self-care tasks (or some transfers, or some household tasks), but needed help or was completely dependent in others, pick the response that best describes the patient's level of ability to perform the majority of included tasks.

DATA SOURCES / RESOURCES

• Patient/caregiver interview

Review of past health history

Referral information

Physician