

# Star Rating/Value Based Purchasing

Frequency of pain interfering with movement is a Star Rating and Value Based Purchasing rating questions. The information below will give you guidance for answering the question.

## M1242

### Pain M1242 Frequency of pain interfering with movement

- 0 - Pt has no pain
- 1 - Pt has pain that does not interfere with activity or movement
- 2 - Less often than daily
- 3 - Daily but not constantly
- 4 - All the time

### Intent:

- Identifies frequency with which pain interferes with patient's activities, with treatments if prescribed
- Question is how often is pain interfering with activity
- Pain can be aching, soreness, tightness

### TIME PERIOD

- Day of assessment and recent pertinent past

### Guidelines for Accurate Assessment

- Score from the bottom up
- Score patient prior to your teaching/interventions
- Use observation and interview
- Assess the patient when moving. Do not overlook activities such as sleeping and hobbies
- If patient restricts activities to avoid pain = interference if so find out how often patient would usually perform that activity
- Avoidance is considered interference of that activity
- Pain does not always have to stop an activity- it may:
  - **Take longer to complete**
  - **Result in activity being performed less often**
  - **Require patient to have additional help**
- If activity stopped some time ago in order to avoid pain it may not be relevant if no reasonable expectation that the patient will return to the activity i.e. stopped skiing 20 years ago due to injury