



### **Adult Foster Care of the North Shore**

c/o Action, Inc, 24 Elm St, Gloucester, MA  
(978) 281-2612

- Family living for disabled or elderly adults who can no longer safely live alone
- Eligibility: Any adult who is disabled or elderly and needs assistance in order to live in the community. When admitted to the program, clients must be continent, motivated, and oriented to time and place.
- Adult Foster Care is funded by Medicaid. Caregiver families are reimbursed monthly for room, board and personal services
- Call for more information, to become a participant, provide a caregiver home, refer someone to the program.
- 24<sup>o</sup> telephone support

### **Brain Injury Association of Massachusetts**

Brain Injury Help Line (800) 242-0030

- Since its inception in 1982, BIA-MA has been a leading advocate for providing adequate services in the Commonwealth of Massachusetts to persons who experience brain injuries and to their families. Additionally, BIA-MA serves as a clearinghouse for information and resources, actively promotes awareness of preventive measures to reduce the incidence of brain injury, and sponsors educational conferences and training for caregivers, survivors, and medical professionals.

### **Disabled American Veterans Chapter 2**

Serving the Lawrence area  
(978) 685-0046

### **Mass Commission for the Blind**

88 Kingston St, Boston, MA

- Contact the Adaptive Housing Coordinator or Director of Independent Living
- Fund up to \$4000 towards accessibility/ramps for clients who have a vocational, educational or independent living goal.

### **Mass Commission for the Deaf and Hard of Hearing**

(800) 882-1155

Director: Mary MacKenny

Using TTY 1-800-530-7570

- Able to assist with getting assistive technologies i.e. Doorbell system, TTY phone system, etc.

### **Mass. Rehab. Commission**

Call local MRC office or contact the central office  
Fort Point Place, 27-43 Wormwood St, Boston, MA  
(617) 204-3600

#### **Eligibility**

- 16+ (employment age)
- Member of MRC
- Fund up to \$4000 for persons with disabilities who are employed and seeking to maintain employment or have potential to benefit from employment. Homemaking is included as a vocation or a vocational goal.

### **Northeast Independent Living**

(978) 687-4288

- Human services agency for people in the community with long term disabilities
- Assists/advocates for patients and families of patients of all ages and or disabilities
- Service the Merrimack Valley area
- Ask to speak with a Skills Specialist from the Adults with Physical Disabilities Program for any questions regarding the PCA program.

### **North Shore Arc**

(978) 762-4878

- Personal Assistance Services

### **Independent Living Center of the North Shore**

978-741-0077

- A small human services agency for people in the community with long term disabilities
- Consumer driven
- Assists/advocates for patients and families of patients of all ages and or disabilities.
- Servicing the North Shore including Cape Ann, Gloucester & Rockport, Melrose, Wakefield, North Reading, Reading & Stoneham

### **National Multiple Sclerosis Society**

# Advocates for Individuals with disabilities



733 Third Ave, New York, NY 10017  
1-866-MS-TREAT (1-866-678-7328)  
Website: [www.nationalmssociety.org](http://www.nationalmssociety.org)

The National MS Society provides education, emotional support, and a variety of programs and services to people with MS, their families, and the public, through a national network of chapters.

Chapters can be reached at 1-800-FIGHT-MS (1-800-344-4867).

Local resources include:

- Educational literature, including more than 40 publications on a variety of medical and psychosocial topics (some in Spanish), available in hard copy and online at <http://www.nationalmssociety.org/Library.asp>:
- Booklets and pamphlets covering a wide range of topics
- *MS Information Sourcebook*—a compendium of brief articles about all aspects of the disease
- *Knowledge is Power*—an eight-week, learn-at-home program for those who are newly diagnosed
- *Keep S'myelin*—a quarterly newsletter for children ages 6–12 who have a parent with MS
- *InsideMS*—a quarterly lifestyle magazine
- *Teen InsideMS*—an online publication for teens who have MS or have a family member with MS
- Educational programs, including programs for people newly-diagnosed
- Referrals to physicians, rehabilitation specialists, home care agencies, long-term care facilities, mental health specialists, and other professionals
- Quarterly newsletter and lending library
- Self-help groups and other support services
- Crisis intervention
- Recreational opportunities
- Advocacy
- Affiliations with over 150 clinical facilities

The National MS Society has long been a resource for health professionals providing care to people with multiple sclerosis, as well as for researchers. The Society offers:

- continuing education programs with the goal of enhancing the care of people with MS around the world
- a website for healthcare professionals ([www.nationalmssociety.org/PRC.asp](http://www.nationalmssociety.org/PRC.asp));
- Offers information and consultation about insurance concerns and development of long-term care programs for people with MS