

**Home Health VNA  
IM/SC Medication Clinical Fact Sheet**

Medication: Insulin (Regular), Humulin R, Humalog, Humalogmix 70/30, Novalog, Novalog Mix 70/30

Med Class: Antidiabetic/Pancreatic Hormone

Common Uses: Hyperglycemia, Type 1 or Type 2 Diabetes

Route(s): SC

Instructions/Precautions: Instructions: Injection dosage in USP units, use only syringes calibrated for that concentration of insulin; Swirl- do not shake; When mixing with NPH, always draw regular insulin first; Discard if clumped or color change; Refrigerate; Check Exp. Date; Rotate sites; Adverse effects: Blurred vision, Dry mouth, Hyperglycemia, Hypoglycemia; Teach patient: Self-injection, Diet, Exercise, Timing injections with meals, Use of glucometer, S/S of hypo and hyperglycemia, Use medical ID bracelet.

First Dose Allowed: Y

Special Training Required: N

Note: Nurse will not administer medication if special training is required and nurse has not received training; Contact your Clinical Manager immediately