

**Home Health VNA**  
**IM/SC Medication Clinical Fact Sheet**

Medication: Adalimumab / Humira

Med Class: Antiarthritic - Tumor Necrosis Factor (TNF); Alfa Blocker

Common Uses: R/A, Crohns Disease

Route(s): SC

Instructions/Precautions: Instructions: Refrigerate; Rotate injection site; Adverse effects: Hypertension, Back pain, Serious risk of infection, including TB and fungal infection, Flu-like symptoms.

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First Dose Allowed: Y

Special Training Required: N

Note: Nurse will not administer medication if special training is required and nurse has not received training; Contact your Clinical Manager immediately