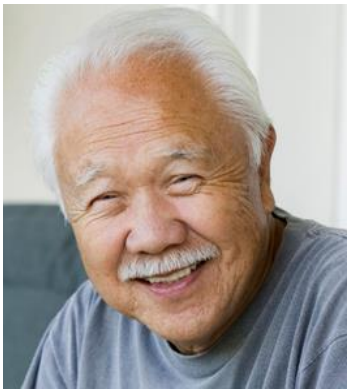
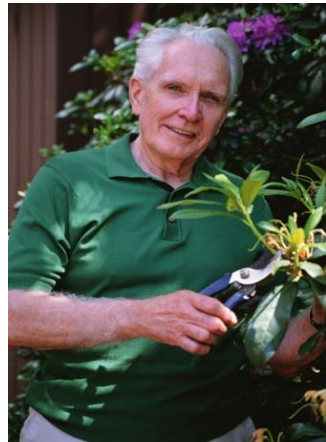
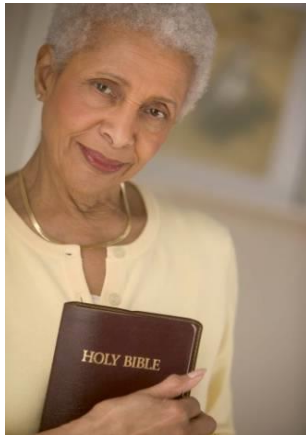


Module 7

Activity Based Person-Centered Care



What Activities Do You Enjoy? What Gives You A Sense Of Purpose?



What You'll Learn

- Describe activity based person centered-care
- Identify three components of the environment
- Describe one type of sensory engagement
- Describe one type of psychosocial activity



Activity Based Person- Centered Care

Activity based person-centered care suggests that activities are the foundation of care. Every event, encounter or exchange is an activity.

The scope of the activities includes **EVERY INTERACTION** with staff members, volunteers, family members and other individuals; not only scheduled events.



Activity is an interaction between the individual and the environment.



Providing Meaningful and Appropriate Engagement

Meaningful (Reflect)

- Interests
- Lifestyle
- Enjoyable
- Purposeful
- Sense of belonging

Appropriate (Respect)

- Age
- Beliefs
- Culture
- Values
- Life experiences

Sensory Engagement Practices

- Aromatherapy
- Massage
- Multisensory stimulation



Psychosocial Activities

- Reminiscence Therapy
- Music Therapy
- Pet Therapy



What Did We Talk About Today?

Let's Review...

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Let's See What You've Learned

Test 7: Activity Based
Person-Centered Care Test