

### Respiratory Assessment

**Pulse ox:**  WNL (95-100%)  WNL for this patient at \_\_\_\_\_

**Cough:**  None  Non-productive, dry  Productive  Productive sounding, no sputum

**Sputum:**  None **Consistency:**  Thick  Thin  Foamy **Color:**  White  Other, \_\_\_\_\_

**Oxygen:**  N/A Room air  \_\_\_\_\_ liters/ nasal cannula  \_\_\_\_\_ % per face mask  Mechanical ventilator

**Respiratory rate:**  WNL  Tachypnea/ hyperventilation (too fast)  Bradypneic/ hypoventilation (too slow/ shallow)

**Respiratory effort:**  Relaxed and regular  Pursed lip breathing  Painful respiration  Labored

Dyspnea at rest  Dyspnea with minimal effort, talking, eating, repositioning in bed, etc.

Dyspnea with moderate exertion, dressing, walking =< 20 feet, etc.  Dyspnea when walking \_\_\_\_\_ feet or with exercise

**Recovery time following dyspneic episode:** \_\_\_\_\_ minutes

**Respiratory rhythm:**  WNL  Regular, tachypneic  Regular, bradypneic  Regular with periods of apnea

Regular pattern of increasing rate and depth, followed by decreasing rate and depth, followed by apnea (Cheyne-Stokes)

Regular, abnormal, rapid and deep respiration (central neurogenic hyperventilation)

Regular, abnormal, prolonged inspiration with a pause or sigh with periods of apnea (apneustic)

Irregularly irregular pattern/ depth (ataxic)  Irregular with periods of apnea (cluster breathing)

**Breath sounds** (auscultate anterior & posterior, R & L upper, mid, lower chest):

Clear (vesicular) throughout

Decreased (atelectasis?)

Crackles:  Fine (sounds like hair rubbing)  Coarse/ moist

Gurgles/ rhonci (low pitched, moaning, snoring sounds)

Wheezes:  Inspiratory  Expiratory

Friction rub (sounds like leather rubbing against leather)

Absent (pneumothorax?)

**Upper chest:** Right \_\_\_\_\_ Left \_\_\_\_\_

**Mid chest:** Right \_\_\_\_\_ Left \_\_\_\_\_

**Lower chest:** Right \_\_\_\_\_ Left \_\_\_\_\_

