Module 5 The Physical Environment Makes a Difference

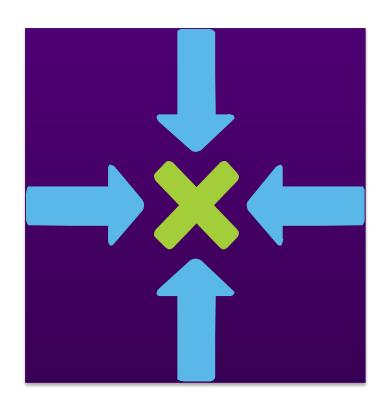


alzheimer's 95 association

How Would You Feel If You Were Here?



How Would You Follow These Signs?





How Would You Feel or Think If You Were Here?



What You'll Learn

- List two environmental considerations which reflect person-centered care
- Identify three ways to improve what someone can see
- Identify three ways to improve what someone can hear
- Recognize two ways to help with navigation

Person-Centered Environment

- Provides a sense of community
- Enhances comfort and dignity
- Supports concern and safety
- Provides opportunities for choice
- Provides opportunities for meaningful engagement



How to Improve Sight

- Position yourself in front of the person
- Increase lighting
- Reduce glare
- Use contrasting colors
- Keep it simple



How to Improve Hearing



- Minimize background noise
- Avoid crowded places
- Create comfortable quiet places

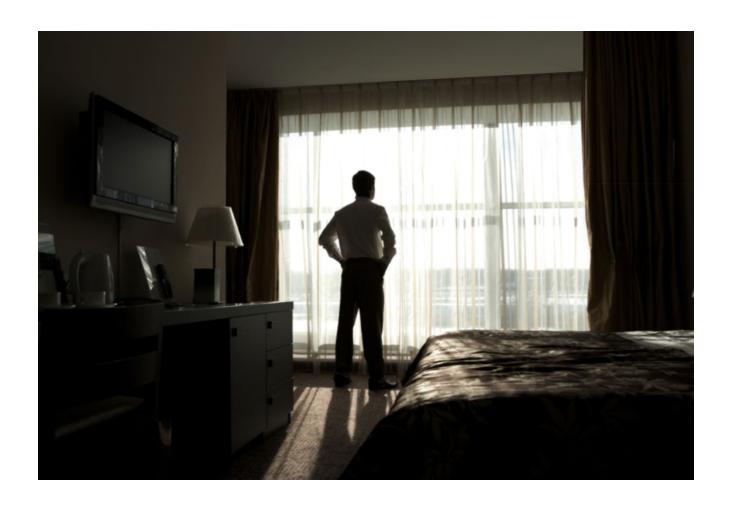
How to Help With Navigation

- Well lit paths
- Color contrast or camouflage
- Word or picture signage
- Familiar items





What's Wrong With This Bedroom?



What Could We Change In These Bathrooms?





Would This Be a Good Environment for Someone Living with Alzheimer's Disease?



What Could We Improve on These Dining Tables?







What Did We Talk About Today?

Let's Review...

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Let's See What You've Learned

Test 5: The Physical Environment Makes a Difference