

Module 5

The Physical Environment Makes a Difference



alzheimer's  association®

How Would You Feel If You Were Here?



How Would You Follow These Signs?



How Would You Feel or Think If You Were Here?



What You'll Learn

- List two environmental considerations which reflect person-centered care
- Identify three ways to improve what someone can see
- Identify three ways to improve what someone can hear
- Recognize two ways to help with navigation

Person-Centered Environment

- Provides a sense of community
- Enhances comfort and dignity
- Supports concern and safety
- Provides opportunities for choice
- Provides opportunities for meaningful engagement



How to Improve Sight

- Position yourself in front of the person
- Increase lighting
- Reduce glare
- Use contrasting colors
- Keep it simple



How to Improve Hearing



- Minimize background noise
- Avoid crowded places
- Create comfortable quiet places

How to Help With Navigation

- Well lit paths
- Color contrast or camouflage
- Word or picture signage
- Familiar items



What's Wrong With This Bedroom?



What Could We Change In These Bathrooms?



Would This Be a Good Environment for Someone Living with Alzheimer's Disease?



What Could We Improve on These Dining Tables?



What Did We Talk About Today?

Let's Review...

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Let's See What You've Learned

Test 5: The Physical Environment Makes a Difference