Module 3

Person-Centered Assessment: Knowing the Individual



alzheimer's 95 association

Four Components to Person-Centered Care

- 1. **Valuing** and respecting persons living with dementia and those who care for them.
- 2. **Treating** people living with dementia as individuals with unique needs.
- 3. **Seeing** the world from the perspective of the person living with dementia.
- 4. **Creating** a positive social environment in which the person living with dementia can develop therapeutic relationships.

What You'll Learn

- List three components of a comprehensive assessment
- Identify who should be involved with the assessment process
- Describe communication strategies to promote sharing of information among the care team

Life History for "Maria Lopez"

- Accomplishments, important roles and significant experiences
- Preferences
- Coping strategies in stressful situations
- Significant people in one's life
- Meaning of home

(Mast, 2011)



Seven Domains of an Assessment

- **Cognitive Status**
- **Functional Abilities**
- Behavioral/Psychosocial **Symptoms**
- Medical Status
- Living Environment
- Safety
- **Advanced Planning**





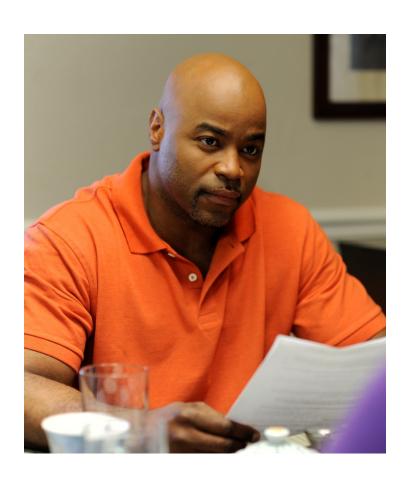
(Wiener et al.,, 2016)

Assessment Process

What?
Who?
When?



Who Provides the Information?

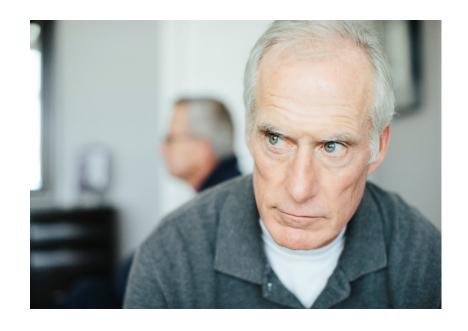


- Always start with the person living with dementia
- Family and friends
- Direct Care Providers
- Clinical records and observation

Observation/Assessment

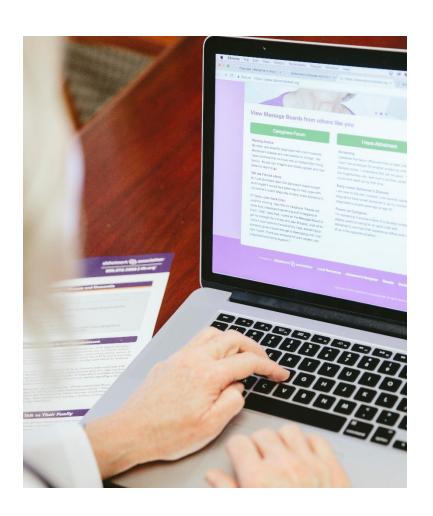
Whenever we interact with someone, we need to notice changes in:

- Physical abilities
- Verbal skills
- Emotional well-being



Share What You Know

- For planning and evaluating care
- To update care plans
- To provide consistent care
- Maximize health and well-being



What Did We Talk About Today?

Let's Review...

What We Should Know

- Accomplishments, important roles and significant experiences
- Preferences
- Coping strategies in stressful situations
- Significant people in one's life
- Meaning of home



(Mast, 2011)

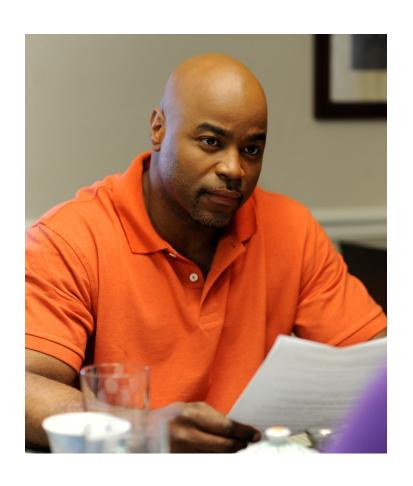
Six Domains of an Assessment

- Cognitive Status
- Functional Abilities
- Behavioral/Psychosocial
 Symptoms
- Medical Status
- Living Environment
- Safety
- Advanced Planning



(Wiener et al., 2016)

Who Provides the Information?



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Observation/Assessment

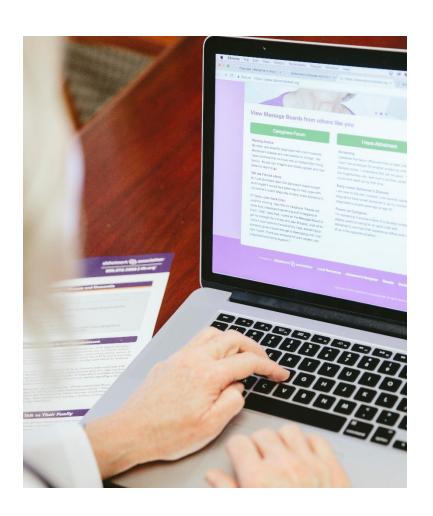
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Let's See What You've Learned

Test 3: Person-Centered Assessment: Knowing the Individual