

# Module 3

## Person-Centered Assessment: Knowing the Individual



alzheimer's  association®

# Four Components to Person-Centered Care

1. **Valuing** and respecting persons living with dementia and those who care for them.
2. **Treating** people living with dementia as individuals with unique needs.
3. **Seeing** the world from the perspective of the person living with dementia.
4. **Creating** a positive social environment in which the person living with dementia can develop therapeutic relationships.

# What You'll Learn

- List three components of a comprehensive assessment
- Identify who should be involved with the assessment process
- Describe communication strategies to promote sharing of information among the care team

# Life History for “Maria Lopez”

- Accomplishments, important roles and significant experiences
- Preferences
- Coping strategies in stressful situations
- Significant people in one’s life
- Meaning of home

(Mast, 2011)



# Seven Domains of an Assessment

- Cognitive Status
- Functional Abilities
- Behavioral/Psychosocial Symptoms
- Medical Status
- Living Environment
- Safety
- Advanced Planning



(Wiener et al., 2016)

# Assessment Process

**What?**

**Who?**

**When?**



# Who Provides the Information?



- Always start with the person living with dementia
- Family and friends
- Direct Care Providers
- Clinical records and observation

# Observation/Assessment

Whenever we interact with someone, we need to notice changes in:

- Physical abilities
- Verbal skills
- Emotional well-being





# Share What You Know

- For planning and evaluating care
- To update care plans
- To provide consistent care
- Maximize health and well-being



# What Did We Talk About Today?

Let's Review...

# What We Should Know

- Accomplishments, important roles and significant experiences
- Preferences
- Coping strategies in stressful situations
- Significant people in one's life
- Meaning of home

(Mast, 2011)



# Six Domains of an Assessment

- Cognitive Status
- Functional Abilities
- Behavioral/Psychosocial Symptoms
- Medical Status
- Living Environment
- Safety
- Advanced Planning



(Wiener et al., 2016)

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# Share What You Know

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# Let's See What You've Learned

## Test 3: Person-Centered Assessment: Knowing the Individual