

HHGM is Alive and Kicking:
*How Can You Prepare for
 What's Next?*

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Objectives


- Understand the latest updates for CMS and the components of the proposed HHGM model
- Identify the winners and losers and other insights based on data from SHP
- Identify clinical operations changes necessary with implementation of a HHGM-like model
- Have strategies to manage both the patient and the financials under HHGM

Understand the latest updates for CMS and the components of the proposed HHGM model



CY 2018 Proposed Rule – July 2017


- CMS contracted with Abt Associates to reassess the current HHPPS model and develop an alternative payment model that better aligns patients needs and payments
- Uses 30-day periods rather than 60-day episodes for payment
- Eliminates the use of the number of therapy visits in payment determination
- Relies on clinical characteristics and other patient information in the model
- Includes Non-Routine Supplies (NRS) in the base rate
- Proposed to begin January 1, 2019 in a non-budget neutral manner (\$950M reduction in payments)



Home Health Grouping Model

Admission Source and Timing of the Episode				4
Continuity of Care	Continuity of Care	Initiation Date	Initiation Date	
Clinical Grouping (From Principal Diagnosis Reported on Claim)				6
ICD-10	ICD-10	ICD-10	ICD-10	
Functional Level (From OASIS Items)				3
Low	Medium	High		
Comorbidity Adjustment (From Secondary Diagnoses)				2
No	Yes			
=				
HHRG				144 Groups

Source: CMS CY 2018 HH Proposed Rule



HHGM Rescue Proposal

- Proposal - October 26, 2017
 - Allow 30 day payment period but maintain 60 day certifications
 - Start January 1, 2020 with rate of \$1,772
 - Extend HH-VBP to all remaining states
 - Rates change by current statute but no lower than .5%
 - Budget Neutrality for all future regulatory proceedings
 - Technical Expert Panel Requirements
 - Other Key Provisions: Extension of Rural Add-on; ALJ Settlements: Home Health documentation to support Medicare Eligibility; F2F Home Record; APN and NP to order Home Care
- HHGM was pulled from the CY 2018 Final Rule



16

Negotiations with CMS

- Letter to CMS – December 12, 2017
 - Principles – Budget Neutral; Limit Behavioral change adjustment; Reasonable Reimbursement; Payment on Patient Characteristics and Clinical Needs; Operating Consistently with other aspects of service delivery; Enough Time to implement; and Fully Tested and Validated.
 - Timeline with Pilot by Q4 2018 and Implementation >9 months after issuance of final rule.
 - Form a TEP
 - Re-weight certain payment groups with higher hospitalization rates
 - Retain 60-day Payment Periods
 - Retain current method for Non-Routine Supplies (NRS)



17

Proposals to Consider

- Almost Family Proposal
 - Model focuses on patient "goals" rather than "characteristics"
 - Risk Based Grouper Model
 - Keep patients out of hospital
 - Improve their level of function
- Technical Expert Panel (TEP) – February 1, 2018
 - Complex and many questions need to be followed-up on
 - Tie payments to outcomes? 1) CMS is supposed to tie payments to costs; 2) CMS will not know outcomes until well after the episode
 - <https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/HomeHealthPPS/Downloads/HH-PPS-HHGM-TEP-materials.pdf>



18

Congressional Continuing Resolution (CR)

- SEC. 51001. HOME HEALTH PAYMENT REFORM
 - Budget Neutral Transition To A 30-Day Unit Of Payment For Home Health Services
 - 30-DAY UNIT OF SERVICE.—For purposes of implementing the prospective payment system with respect to home health units of service furnished during a year beginning with 2020, the Secretary shall apply a **30-day unit of service** as the unit of service applied under this paragraph.
 - TREATMENT OF THERAPY THRESHOLDS.—For 2020 and subsequent years, the Secretary shall **eliminate the use of therapy thresholds** (established by the Secretary) in case mix adjustment factors established under clause (i) for calculating payments under the prospective payment system under this subsection
 - IN GENERAL.—The Secretary shall **annually determine** the impact of differences between **assumed behavior changes** (as described in paragraph (3)(A)(iv)) and actual behavior changes on estimated aggregate expenditures under this subsection with respect to years beginning with 2020 and ending with 2026

SHP 19

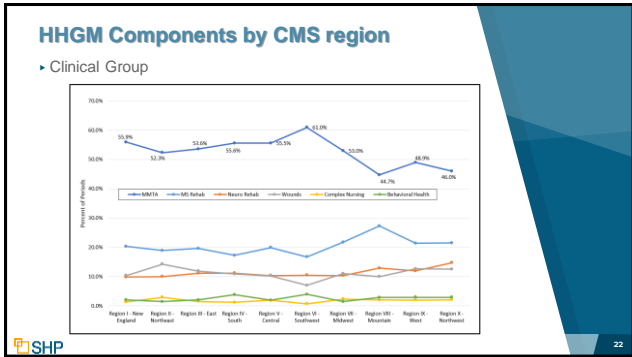
Identify the winners and losers and other insights based on data from SHP

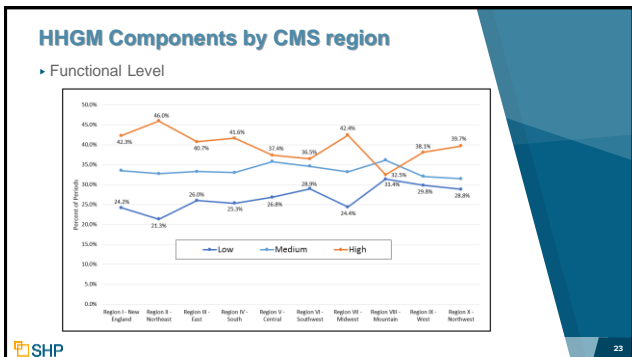
SHP 20

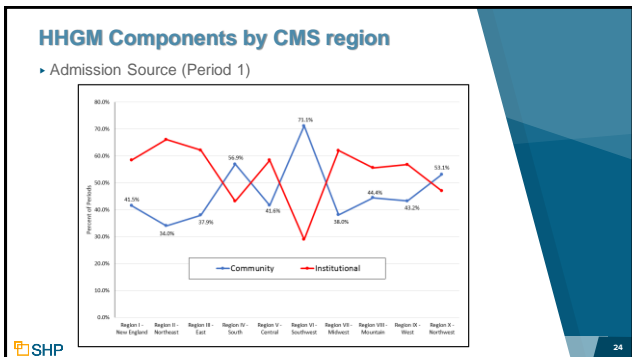
SHP Data Analysis – CY 2017

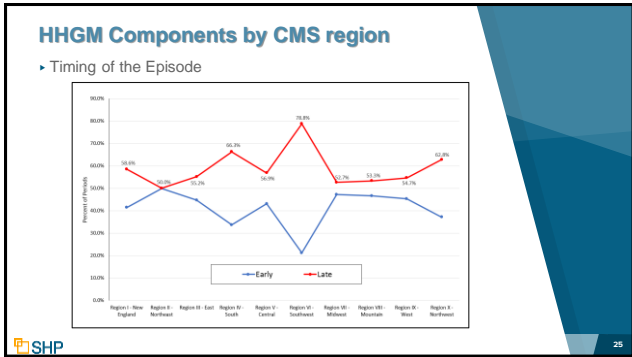
- SHP National Database
- All Medicare Traditional Episodes ending in CY 2017 with a corresponding Medicare claim
- grouper model was used with a correction
- Total Episode Count – 2,908,644
 - 554,011 Questionable Diagnoses (19.0%)
 - 3,173 Unknown Diagnoses (.1%)
- HHGM Period #1 – 2,351,460
- HHGM Period #2 – 1,714,129
- Revenue assumptions based on CY 2017 National Rates for HHPPS HHRGs (inc. Non-Routine Supplies) compared to the CY2018 Proposed Rule HHGM Group Model with estimated budget neutral rate of \$1,772 (no Area Wage assumptions)

SHP 21









LUPA data across CMS Regions

- LUPA Percent of Periods highest in the Northeast

Medicare Region	HHGM Period 1 LUPA	HHGM Period 2 LUPA
Region I - New England	8.3%	11.3%
Region II - Northeast	10.0%	13.6%
Region III - East	8.3%	11.0%
Region IV - South	6.9%	8.0%
Region V - Central	8.7%	11.3%
Region VI - Southwest	4.9%	5.1%
Region VII - Midwest	9.4%	12.2%
Region VIII - Mountain	7.9%	10.0%
Region IX - West	9.1%	11.8%
Region X - Northwest	8.7%	8.8%
Grand Total	7.6%	9.1%

LUPA data across HHGM Clinical Categories

- LUPA averaged 8.2% across all periods

HHGM Clinical Category	HHGM Period 1 LUPA	HHGM Period 2 LUPA
MMTA	6.8%	8.6%
Neuro Rehab	7.1%	7.9%
Wounds	7.2%	10.5%
Complex Nursing	19.2%	13.9%
MS Rehab	9.3%	10.3%
Behavioral Health	7.5%	7.9%
Grand Total	7.6%	9.1%

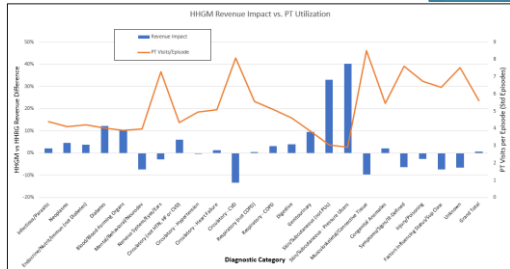
HHGM Revenue Compared to HHRG

Based on Standard PPS Episodes (excluding LUPA, PEP, Outliers)

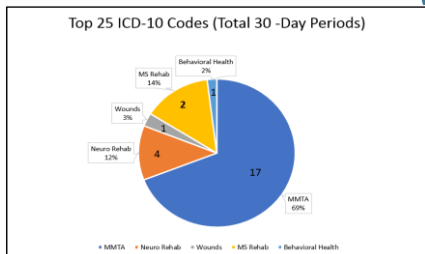
CMS Region	HHRG Revenue (\$ millions)	HHGM Revenue (\$ millions)	Percent Variance
Region I - New England	\$ 469.66	\$ 482.04	2.6%
Region II - Northeast	\$ 407.70	\$ 425.78	4.4%
Region III - East	\$ 708.73	\$ 704.31	-0.6%
Region IV - South	\$ 2,059.16	\$ 2,053.24	-0.3%
Region V - Central	\$ 850.05	\$ 844.34	-0.7%
Region VI - Southwest	\$ 1,041.23	\$ 1,074.19	3.2%
Region VII - Midwest	\$ 205.01	\$ 202.88	-1.3%
Region VIII - Mountain	\$ 119.55	\$ 107.88	-9.7%
Region IX - West	\$ 424.22	\$ 434.21	2.4%
Region X - Northwest	\$ 212.08	\$ 209.49	-1.2%
Grand Total	\$ 6,497.42	\$ 6,539.89	0.7%



HHGM Revenue Compared to HHRG



Top 25 ICD-10 Primary Dx Codes



Top 20 QEs by ICD-10 Code

- Begin to address codes that would be questionable

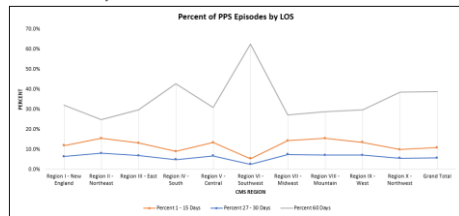
ICD Code	ICD Description	Primary Diagnosis Category	QEs	% of Total
M62.81	Muscle weakness (generalized)	Musculoskeletal/Connective Tissue	95,153	17.2%
N39.0	Urinary tract infection, site not specified	Genitourinary	45,302	7.9%
I94.4	Excessive for fitting and adjustment of urinary device	Factors Influencing Status/Pop Class	39,821	7.0%
R24.89	Other abnormalities of gait and mobility	Symptoms/Signs/ill-Defined	22,954	4.1%
K24.81	Ulcer/disease on foot	Symptoms/Signs/ill-Defined	14,699	2.5%
R33.1	Weakness	Symptoms/Signs/ill-Defined	12,951	2.3%
R24.6	Repetitive falls	Symptoms/Signs/ill-Defined	12,600	2.2%
R24.5	Unspecified abnormalities of gait and mobility	Symptoms/Signs/ill-Defined	12,260	2.1%
S72.802D	Px unsp part of wk of f femur, subs for cls fx w route heal	Injury/Poisoning	10,554	1.9%
S72.802P	Px unsp part of wk of f femur, subs for cls fx w route heal	Injury/Poisoning	10,413	1.9%
I12.1	Hyp ten & chr kidney dis w ht fal and w pg 2-chr idm/ESRD	Cardiatory - Hypertension	10,161	1.8%
R24.2	Difficulty in walking, not elsewhere classified	Symptoms/Signs/ill-Defined	8,779	1.5%
I12.0	Hyp chr kidney disease w stage 3 chr kidney disease or ESRD	Cardiatory - Hypertension	6,128	1.1%
M13.90	Unspecified osteoarthritis, unspecified site	Musculoskeletal/Connective Tissue	5,701	1.0%
M13.91	Primary osteoarthritis, unspecified site	Musculoskeletal/Connective Tissue	5,641	1.0%
M50.9	Rheumatoid arthritis, unspecified	Musculoskeletal/Connective Tissue	5,228	0.9%
S81.801D	Unspecified open wound, right lower leg, subs encotr	Injury/Poisoning	5,050	0.9%
S81.801P	Unspecified open wound, left lower leg, subsequent encounter	Injury/Poisoning	4,961	0.9%
C44.90	Malignant neoplasm of unsp part of unsp bronchus or lung	Neoplasms	4,881	0.9%
T91.81	History of falling	Factors Influencing Status/Pop Class	4,712	0.8%
Top 20 Codes			589,048	40.1%
Grand Total			1,468,611	100.0%



34

Lengths of Stay (LOS) by Region

- Shows Percent of Episodes across 1- 15 days, 27 – 30 days and at 60 days



35

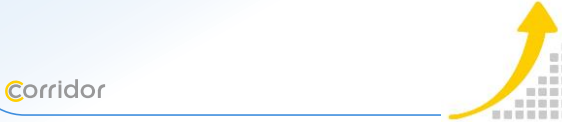
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36

Identify Clinical Operation Changes Necessary with HHGM Like Model




HHGM CLUES.....



30 day periods of care

- **Fact:** Home health frontloads patient visits and we utilize the greatest amount of resources in the first 30 days
- **Fact:** Only 25% of home health episodes end in 30 days
- **Fact:** Average Medicare patient LOS=46 days
- **Fact:** 45% of patients LOS is 60 days
- **Fact:** Average # of visits for 30 day periods=10.5
- **Fact:** 5% RAPS not submitted till final; Average Days to RAP=12; Auto cancellations



Challenges - 30 day periods of care

OPERATIONS

- Avoid confusion between Payment Model vs Care Model
- Review patient status prior to end of 30 days to determine next step
- Avoid discharging too early
- Continue with frontloading as necessary
- Will need to continue to determine plan of care and interventions over 60 days
- Still responsible for 60 day episode related to specific measures:
 - Rehospitalization
 - Emergency Department Visits
 - Discharge to community
 - MCR Spending per Beneficiary



Challenges - 30 day periods of care

BILLING

- Potential impact on RAP (request for anticipated payment)
- Impact on Medicare billing staff resource given a 60 day episode in this model would require billing in two increments
- Watch Out: Late Episode or Second 30 day period will be reimbursed less than early episode or first 30 day period
- Days to RAP may increase due to need to confirm diagnoses to specificity as needed for coding
- With reimbursement lower after first 30 day period, need to stay focused on cost management



Clinical Characteristics is the Driver

MMTA, MS Rehab, Neuro Rehab, Wounds, Behavioral, Complex

- **Fact:** Has been lack of reimbursement for clinically complex patients
- **Fact:** Therapy Utilization will not drive reimbursement under HHGM
- **Fact:** 20% of home health primary diagnoses weren't mapped to 6 clinical groupings



Operational Challenges with Clinical Groupings

- Questionable Encounters—who will care for these patients?
- Questionable Encounters—need to build in additional time to query physicians for specific information needed to code
- Improving functional status of patients while managing therapy costs
- Improving functional status enough that they can stay at home
- Orthopedic/behavioral diagnoses shortchanged in reimbursement
- Chronic Disease diagnoses shortchanged in reimbursement as it relates to therapy?



Questionable Encounters

- Examples of codes that fall in QE:
 - Injury, Unspecified
 - UTI unspecified
 - Sepsis, unspecified organism
 - Muscle Weakness
 - Other general symptoms
- Manifestation Codes where coding guidelines require an etiology code to be reported as primary diagnosis
- Diagnoses with lack of specificity
- Most of these codes were too vague to support need for home health



Operational Challenges with QE's

- Patients with QE will return to provider
- Will need to touch record twice
- Need time to discuss patient with clinician/quality staff to determine if patient is appropriate for HH and/or just needs to be coded differently
- Must have coding specificity
- Must have enough referral and physician documentation to be specific in coding



Managing LUPAs in HHGM

- LUPAs are defined as between 2 & 7 visits in new proposed model
- A '4 visit LUPA' means reimbursement by the visit vs by HHRG, if below threshold (3 and below visits)
- Clinical Groupings with highest LUPA %: complex nursing and MS Rehab; Wounds in 2nd 30 day period;
- LUPA Examples:
 - MMTA Low Functional, Late Community: <2 visits is LUPA
 - MS Rehab High Functional Late Community : < 7 visits LUPA



Admission Source Matters

- **Fact:** 25% of the 30 day periods of care are classified institution and remaining 75% are classified community
- **Fact:** Patients who have had institutional stay within past 14 days required higher average resource than those from the community
- **Fact:** Patients discharged from institutional require more time to get back to functional level after being in a facility.



Operational Challenges with Admission Source Changes

- Competition for patients from institution may increase
- Agencies with large % of patients admitted from community, may see changes to their reimbursement/revenue
- LEAN look at your costs/efficiencies



Functional Assessment -Accuracy Is Still Critical

Determining Low/Med/High Functional Levels:

- M1800 Grooming
- M1810 Current Ability to Dress Upper Body
- M1820 Current Ability to Dress Lower Body
- M1830 Bathing
- M1840 Toilet Transferring
- M1850 Transferring
- M1860 Ambulation/Locomotion
- M1032 Risk of Hospitalization

Research shows relationship between functional status and costs of health care (including readmissions)



Comorbidity Adjustment



- **Fact:** Comorbidity tied to worse health outcomes, more complexity, and higher care costs
- **Fact:** Based on historical data, the percentage of 30 day periods with co-morbidity adjustment was 15%





Operational Challenges with Comorbidity Adjustment

- Getting the right amount of information to code accurately
- Requests for right amount of information may affect referral source view of 'user friendly'
- Accurate coding to include co-morbid conditions as appropriate





Strategies to Manage Both the Patient and the Financials Under HHGM Like Model



Clinical groupings and functional levels approaches

- Review your agency's interventions related to complex nursing patients
- OASIS Accuracy is crucial for:
 - Functional Levels that impact resource use
 - Quality Outcomes
- Coding Accuracy is crucial for:
 - Determining correct primary dx
 - Determining co-morbidity adjustment
 - Identifying primary focus of care
 - Avoiding Questionable Encounters and time needed to determine appropriate HH code





Improving Functional Status of Patients

- What is right amount of therapy to produce results?
- Use of therapy assistants
- Use of rehab aides
- Use of tele rehab
- Alexa/Siri-move reminders
- What is right amount of therapy to produce results?
- Need for initial therapy evaluation
- Focus on transition to outpatient therapy, as appropriate


Improving Functional Status of Patients

- Utilize centralized therapist to make recommendations
- Observation of functional status via webcam 
- Therapist can cover many more patients without travel
- Therapist can case conference with rehab aides/therapy assistants




Managing Dementia Patients

- Impacts co-morbidity adjustment so must capture it
- As primary dx, will have less revenue for dementia under HHGM
- Dementia/Behavioral Diagnoses impact many home health patients
- How can you manage dementia patients differently?
 - Train HHAs to work with dementia patients
 - Utilize SLP or OT to assist with educating dementia patients and then pair them with home health aides
 - Utilize Social Workers/Community Resources



How Will Structure and Resource Use Change?

- Therapy staff—not driver—hybrid approach 
- Clinical Management oversight prior to end of 30 days
- May see more nursing in clinical groupings
- More billers—RAP/Final Claim for each 30 days



Data Needed to test run impact on your agency

- Primary Diagnoses of Medicare Patients for past 12 months
- Stratify Medicare patients by admission source for past 12 months
- Determine your readmission trend for MCR patients over past 12 months in days and by diagnosis



Data Needed to test run impact on your agency

- Stratify Medicare patients by primary diagnoses and length of stay
- Identify discipline utilization for Medicare patients
- Identify when Medicare patients came to you in past 12 months (timing)
- Utilize the CMS HHGM Modeling Tool (see link at end of presentation)



Analysis and Respond to Data

- Map primary diagnoses to the HHGM clinical groupings
- Take a look at who your patients are and how you cared for them?
- What is their admission source?
- When do your patients re-hospitalize?
- Can you lower your care costs if you receive more patients from the community since reimbursement is lower?



Analyze and Respond to Data

- Overlay your Medicare patients from past year to HHGM model
- Are there patients who don't map to the six clinical groupings?
- Do they meet criteria for HH or are they coded incorrectly?
- Are you confident in the specificity of your coding/OASIS review?
- Are the visits performed in the 2nd 30 days giving you positive results?



How are you a voice in payment model changes?

- Stay up to date on any future payment model proposals and send in your comments
- Participate in proposed payment model pilots or TEPs



Questions?



Addendum: Link to HHGM Grouping Tool

Look for HHGM Grouping Tool at:

- <https://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html>



Addendum: Comorbidity Diagnoses Highlights

- Heart Disease 1: includes hypertensive heart disease.
- Cerebral Vascular Disease 4: includes sequelae of cerebrovascular disease.
- Circulatory Disease and Blood Disorders 9: includes venous embolisms and thrombosis.
- Circulatory Disease and Blood Disorders 10: includes varicose veins of lower extremities with ulcers and inflammation, and esophageal varices.
- Circulatory Disease and Blood Disorders 11: includes lymphedema.
- Endocrine Disease 2: includes diabetes with complications due to an underlying condition.
- Neoplasm 18: includes secondary malignant neoplasms.
- Neurological Disease and Associated Conditions 5: includes secondary parkinsonism.
- Neurological Disease and Associated Conditions 7: includes encephalitis, myelitis, encephalomyelitis, and hemiplegia, paraplegia, and quadriplegia.
- Neurological Disease and Associated Conditions 10: includes diabetes with neurological complications.
- Respiratory Disease 7: includes pneumonia, adenomyelitis, and pulmonary edema.
- Skin Disease 1: includes cutaneous abscesses, and cellulitis.
- Skin Disease 2: includes stage one pressure ulcers.
- Skin Disease 3: includes atherosclerosis with gangrene.
- Skin Disease 4: includes unstageable and stage two through four pressure ulcers.



Thank You for Attending!

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