# Disaster Preparedness Testing and Training

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### **Objectives**

- Orientation
- Annual Education
- Documentation of Training
- Exercises
- After Action report
- Revising and updating the plan

### **Testing, Training, Maintenance of the Plan**

- Initial training of plan
- Orientation and Annual training
- Documentation of such training
- Staff must be able to demonstrate knowledge of plan
- Participate in 2 drills, one full scale disaster drill and second full scale/tabletop annually
- AAR



### Training and Testing

• The training and testing program must reflect the risks identified in the agency's hazard vulnerability/risk assessment and be included in their emergency plan

#### Orientation

- All employees must be oriented to the plan
- Volunteers must be oriented
- Everyone in the organization must be able to demonstrate knowledge of the plan
- All current personnel must be oriented before November 15, 2017. Documented
- All new personnel as they are hired or brought on.

#### When to Orient

• Should provide initial emergency training during orientation (or shortly thereafter) to ensure initial training is not delayed

#### O·ri·en·ta·tion

The act of orienting or the state of being oriented. An adjustment or adaptation to a new environment, situation, custom, or set of ideas.

#### **Documentation**

- Facilities must maintain documentation of the annual training for all staff.
- The documentation must include the specific training completed as well as the methods used for demonstrating knowledge of the training program.
- Agencies have flexibility in ways to demonstrate staff knowledge of emergency procedures.

#### Training

• Training refers to the agency's responsibility to provide education and instruction to staff, contractors, and facility volunteers to ensure all individuals are aware of the emergency preparedness program.



#### Hospice

The hospice must do all of the following:

Initial training in emergency preparedness policies and procedures to all new and existing hospice employees, and individuals providing services under arrangement, consistent with their expected roles.

• Periodically review and rehearse its emergency preparedness plan with hospice employees (including nonemployee staff), with special emphasis placed on carrying out the procedures necessary to protect patients and others.

#### **Testing**

- Testing is the concept in which training is operationalized and the facility is able to evaluate the effectiveness of the training as well as the overall emergency preparedness program.
- Testing includes conducting drills and/or exercises to test the emergency plan to identify gaps and areas for improvement.



#### **Discussion Point**

## How Can Staff Demonstrate Knowledge Of the Plan?

#### Orientation

- To the plan
- To new policies and procedures
- Communication plans
- Plans for staff when office is closed or inaccessible
- Patient classification system
- Transportation levels
- HIPAA

### When To Orient



### Documentation

- CMS has not set specific protocols for documentation
- Continue to use that your agency has used in the past
- Signature of attendees
- Date and time
- Signature of educator
- Sign in and out especially if there are breaks

### **Testing The Plan**

- Must conduct exercises to test the plan annually.
- Must be related to the HVA
- Conduct a tabletop and a full-scale community based
- May conduct an individual facility exercise if community based not available

### **Collaboration and Communication**

- Healthcare Coalitions
- Community partners
- Local, state and tribal partners

#### **Not Able To Conduct A Full Scale Exercise?**

- Can meet the requirement by documenting an emergency that required full activation of agency plan.
- Or, conducting smaller community exercises with nearby facilities/agencies , or
- Conduct a individual agency based exercise

#### Example

- If your plan addresses floods.
- Test policies and procedures, based on your risk assessment, on rapid identification of patients that would need to be evacuated

### **Documentation of Testing**

• Must be maintained for a minimal of three years (reg)

### Why Test The Plan

- So it becomes an immediate response
- Don't have to analyze for a new situation



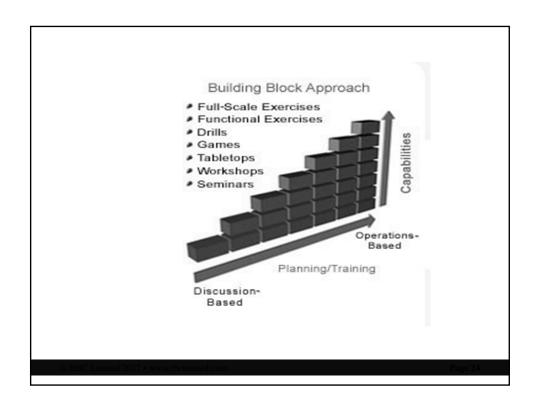
### **Purpose of Exercises**

- Evaluate your plan
- Identify deficiencies
- Test or validate changes
- Clarify roles
- Measure improvement
- Improve coordination
- Increase awareness



# **Start With Understanding the Reaction and Brain Processes**

- All experiences especially traumatic ones are imprinted in our brain.
- 10-80-10 Theory
- 8-10 seconds for the brain to begin processing new information.



#### Seminar

 A seminar is an informal discussion, designed to orient participants to new or updated plans, policies, or procedures (e.g., a seminar to review a new Evacuation Standard Operating Procedure).

### Workshop

• A workshop resembles a seminar, but is employed to build specific products, such as a draft plan or policy (e.g., a Training and Exercise Plan Workshop is used to develop a Multi-year Training and Exercise Plan).

#### Games

 A game is a simulation of operations that often involves two or more teams, usually in a competitive environment, using rules, data, and procedure designed to depict an actual or assumed real-life situation.

#### **Operations Based**

• validate plans, policies, agreements and procedures, clarify roles and responsibilities, and identify resource gaps in an operational environment. Types of operations-based Exercises include: **Drill:** A drill is a coordinated, supervised activity usually employed to test a single, specific operation or function within a single entity (e.g., a fire department conducts a decontamination drill).

### **Tabletop Exercise**

• The **tabletop exercise** is a. meeting to discuss a simulated emergency situation. Members of the campus review and discuss the actions they would take in a particular emergency, testing their emergency plan in an informal, low-stress environment.

### **Tabletop Exercises**

- Must be lead by a facilitator
- Clinically relevant emergency scenario
- Set of problem statements



#### **Functional Exercise**

• The *functional exercise* is designed to focus on testing and evaluating the centralized emergency operational capability of an organization in a simulated real time environment.



#### **Full Scale Exercise**

• A **full-scale exercise** (FSE) is a high-stress multi-agency, multi-jurisdictional activity involving actual deployment of resources in a coordinated response, as if a real incident had occurred.



#### **After Action Report**

- An After Action Report (AAR) is a consolidation of information gathered during the testing and evaluation of a agency's emergency operations plan through an exercise.
- The report provides feedback in the achievement of the
- exercise objectives and overall capabilities of the agency.
- Information gleaned from this process, identifies and guides future improvement actions in the Improvement Plan (IP).

### **After Action Report**

- Executive Summary
- Section 1: Exercise Section
- Section 2: Exercise Design Summary
- Section 3: Analysis of Capabilities
- Section 4: Conclusion
- Appendix A: Improvement Plan
- Appendix B: Lessons Learned
- Appendix C: Participant Feedback Summary
- Appendix D: Exercise Events Summary Table
- Appendix E: Performance Ratings

#### **Exercise and Design**

- Information in this section should clearly identify the specific exercise. Data should include
- the exercise name, date(s), location(s), and participating staff
- If participating with other organizations, list them and their roles

#### Capabilities

- Identify the Core Capabilities that were tested and evaluated in the exercise. Provide a description of the objectives within each capability, the observations, any discussion or analysis, and the outcomes
- Recommendations are often included in this section.
- May include a brief analysis in the Executive Summary or Conclusion sections.

#### **Performance Improvement**

- Recommendation/Improvement/Corrective Action
- Responsible agency and office
- Estimated completion date

### Conclusion

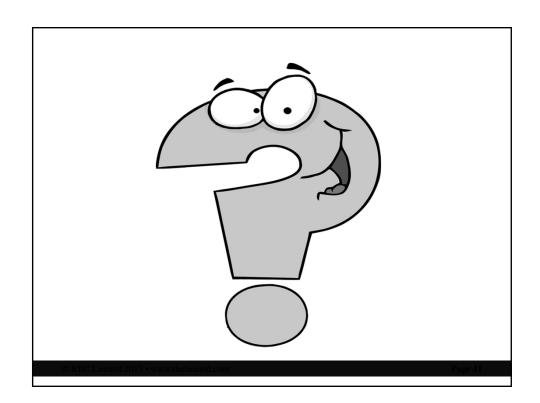
- The conclusion should provide a general review of the exercise, its overall outcome and potential improvements.
- For small exercises, this may be included in the Executive Summary.

#### **Summary**

- This section should provide a general overview of the goals, purpose and objectives of the exercise. For smaller activities such as seminars and drills, the capability analysis and/or
- Conclusion may be included here.

### "Chance favors the prepared mind"

- Louis Pasteur 1822-1895



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