PROCEDURE

SUBJECT: **PATIENT ASSISTANCE LEVELS**

Purpose
To ensure accurate and consistent assessment of the patient's need for assistance during task activity. Providers will assess the amount of assistance each patient needs and document it accordingly.

Procedure
1. Use the following definitions to determine the amount of assistance required by patients:

   - **Independent (I)**   Patient is able to safely perform the 100% of the activity with no one present.
   - **Distant Supervision (DS)**   Patient physically performs 100% of the activity but requires occasional verbal cueing. Assistant need not be in immediate proximity of the patient.
   - **Supervision (S)**   Patient is able to perform 100% of the activity however, requires verbal cues to safely complete the activity.
   - **Close Supervision (CLS)**   Patient physically performs 100% of the activity but requires the presence of an assistant for verbal direction to safely carry out the task. The assistant stands within arms reach as a precaution, but is <u>not</u> touching the patient.
   - **Contact Guarding (CG)**   Patient performs 100% of the activity but requires hands-on spotting for safety. The assistant is touching the patient, but not rendering any physical assistance.
   - **Minimal Assistance (Min A)**   Patient performs the majority of the activity (about 75%) while the assistant is touching the patient and rendering some assistance (about 25%).
   - **Moderate Assistance (Mod A)**   Patient performs half of the activity while the assistant contributes the other half.
   - **Maximal Assistance (Max A)**   Patient is able to only contribute a minimum amount of effort (about 25%) while the assistant completes the rest of the activity.
   - **Dependent (D)**   Patient is unable to contribute to any part of the activity. The assistant performs the activity for the patient.

2. The provider must indicate the amount of verbal cues needed when assessing the patient's level of functioning. This should be documented with each activity.