

### **OASIS** General Guidelines for Accurate Assessment:

- ► Always score prior to any teaching or interventions
- Score from the bottom up, starting from the most dependent level to the most independent level of functioning
- Observation is required to obtain accurate information
- Complete an OASIS WALK including: patient ambulation/or wheel chair mobility, transferring in/out of bed, transferring on/off the toilet or commode, and in/out of the shower, if it is safe to do so
- ► Consider what the patient is **Able To Do Safely**
- Day of assessment is the time you are in the home and the previous 24 hours
- Verbal cues, reminders, stand by assist, and hands on assist are all forms of supervision
- Pt ability not willingness to perform an activity

### **General Guidelines Cont...**

Ability may be temporarily or permanently limited by:

- ▶ Physical, Emotional, Behavioral, Sensory Impairments
- ► Environmental Barriers
- Medical Restrictions

### What Are Considered Assistive Devices?

- ► Slide board, cane, walker etc., dressing aids, stair lift
- Service animal is an assistive device if needed for safe function
- ▶ Other than the above CMS does not have a formal list
- ▶ In the absence of CMS guidance use your clinical judgment

# Specific Guidelines for Accurate Assessment of UE/LE Dressing

#### **Usual Status/Most of The Time**

- ▶ When ability varies within the Day of Assessment
  - ➤ Report ability to complete the task greater than 50% of the time
- Majority of the Tasks-Applies to Dressing UE/LE and Grooming only
  - ▶ When ability varies between dressing tasks
    - ► Enter a code that describes the patients ability to complete a MAJORITY of the more FREQUENTLY performed tasks

# Specific Guidelines for Accurate Assessment of UE/LE Dressing Cont...

#### **DEVICES ARE PART OF BODY APPAREL**

- ➤ Prosthesis, orthotic, AFO, splint, corset, brace, knee immobilizer, elastic bandages worn for support and compression, e.g. ACE wrap brand
- ► Not included-wraps utilized solely to secure a wound dressing

\*Include if wearing (or ordered to wear) device/support on Day of Assessment

# Specific Guidelines for Accurate Assessment of UE/LE Dressing Cont...

- Assess the patients ability to dress in their usually worn clothing
- ► Asses ability to get clothing from where it is normally stored
- ► If these items have changed based on current condition you need to determine if this is a temporary or permanent change
- ▶ If temporary you will score based on usual clothing worn and obtaining that clothing from where it would normally be stored
- ► If changes are made due to the patients current condition and are going to be permanent base scoring on this current information, new type of clothing worn new location of clothing

# Specific Guidelines for Accurate Assessment of UE/LE Dressing Cont...

- ➤ You can not assume a patient will be safe when they get the equipment –score based on what they currently have in the home and use
- You do not need to see all the dressing items you can used clinical judgement based off the ones you do see and by including interviewing of how they complete dressing items
- Having the patient remove arm out of sleeve to obtain blood pressure and having them don and doff their shoes will give you a lot of information that can be used in answering the dressing questions
- ► For items that were not directly observed you should ask the patient to describe how they complete the task. You should be able to get a visual of their ability to **safely** complete the task.
- Always consider pain level, strength, endurance, DOE, and safety when scoring the ability to dress UE and LE
- ► The patient may be dressed when you arrive but our mission is to determine if the patient is safe when dressing.

## M 1810 & M1820 DRESSING UE/LE

(M1810)	Current <b>Ability to Dress <u>Upper</u> Body</b> safely (with or without dressing aids) including undergarments, pullovers, front-opening shirts and blouses, managing zippers, buttons, and snaps:
Enter Code (M1820)	O Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance.  1 Able to dress upper body without assistance if clothing is laid out or handed to the patient.  2 Someone must help the patient put on upper body clothing.  3 Patient depends entirely upon another person to dress the upper body.  Current Ability to Dress Lower Body safely (with or without dressing aids) including
(1011020)	undergarments, slacks, socks or nylons, shoes:
Enter Code	Able to obtain, put on, and remove clothing and shoes without assistance.  Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient.  Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes.  Patient depends entirely upon another person to dress lower body.

### **Case Scenario**

- ▶ Mr. Jones is a 94 year old male w/ PHM of COPD, CHF, and recent onset of vertigo. He spent 3 days in the hospital and has been do home where he lives alone. Mr. Jones is dressed in his usual clothing of jeans and a t- shirt. He states he dressed himself without any problem this morning.
- ▶ The admitting clinician notes that Mr. J is unsteady when ambulating with his walker, gets severely SOB with removing his shoes de-saturating down to 85%. He also needs assistance when trying to remove his shirt as he has significant decreased ROM in his right shoulder and he was standing and unsteady while trying to do this. He is able to participate with both upper and Lower body dressing.

#### **▶** QA Discussion:

- ▶ What would be the correct response to M1850?
- Supporting reasons why?

(M1810)	Current <b>Ability to Dress <u>Upper</u> Body</b> safely (with or without dressing aids) including undergarments, pullovers, front-opening shirts and blouses, managing zippers, buttons, and snaps:
Enter Code	<ul> <li>Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance.</li> <li>Able to dress upper body without assistance if clothing is laid out or handed to the patient.</li> <li>Someone must help the patient put on upper body clothing.</li> <li>Patient depends entirely upon another person to dress the upper body.</li> </ul>
(M1820)	Current <b>Ability to Dress <u>Lower</u> Body</b> safely (with or without dressing aids) including undergarments, slacks, socks or nylons, shoes:
Enter Code	Able to obtain, put on, and remove clothing and shoes without assistance.  Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient.  Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes.  Patient depends entirely upon another person to dress lower body.

What would be the correct response to M1850?
Supporting reasons why?

